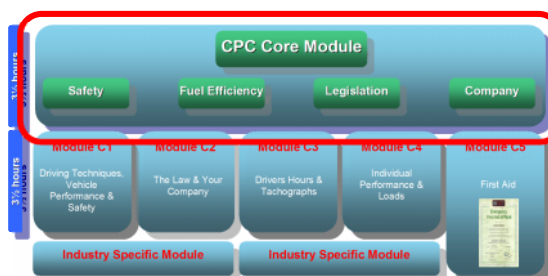


# INATIV COURSE OVERVIEW

## Z1 & Z2 - Core Module (JAUPT Approval Numbers CRS2037/832, CRS2294/832)

The Core Module is designed to develop “behavioural change” in the candidate. It concentrates on the main elements of the legislation and acts as an introduction to the technical aspects of the syllabus. The following topics are contained within the module:

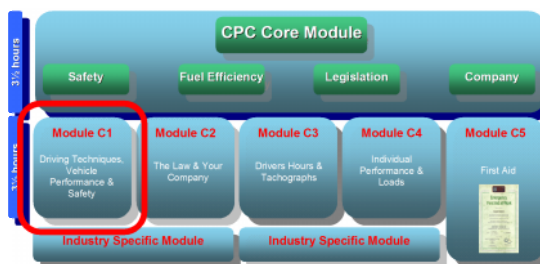
- Road Accidents
- Emergency Situations
- Knowing Your Vehicle
- Understanding Your Load
- Driving Safely
- Driver Safety
- Fuel Efficiency
- The Professional Driver
- The Law & You
- Being An Ambassador
- Quiz



## C1 – Driving Techniques, Vehicle Performance & Safety (JAUPT Approval Number CRS2037/832)

This technical module is designed to give the candidate a greater understanding of how different components of the vehicle work and how they should be used to get maximum performance. Driving skills and safety play a significant role in the module. The following topics are expanded upon during this module:

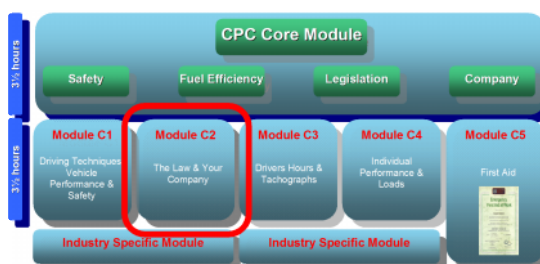
- Technical Aspects Of Vehicles
- Maintaining Vehicle Condition
- Driver Pre Use Routine
- Driver Flexibility
- Driving Skills
- Vehicle Know-How
- Understanding The Vehicle
- Efficient Driving
- Reacting To Difficult Situations
- Safety
- Actions Following An Accident



## C2 – The Law & Your Company (JAUPT Approval Number CRS2294/832)

This module is designed to give the candidate a greater understanding of the legal framework that companies have to operate within. UK and international laws and guidelines are discussed within a wider company context. The module contains the following topics:

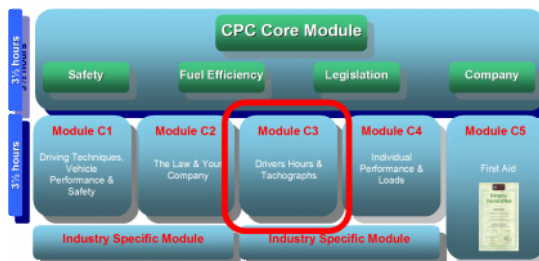
- The Road Haulage Environment
- Management of The Road Haulage Company
- Determining What Is An Acceptable Risk
- Rules & Guidelines For Safe Working
- Driver Administration
- Company Forms
- Workload & Workplace
- You - The Driver
- Considerations When Travelling Abroad
- Paperwork For International Travel
- Clandestines & How To Avoid The Issues



## C3 – Drivers Hours & Tachographs (JAUPT Approval Number CRS2037/832)

This module is designed to cover all aspects of the working time directive and drivers hours legislation. The use of analogue and digital tachograph technology is discussed from both a drivers and a company perspective. The following topics are covered in the module:

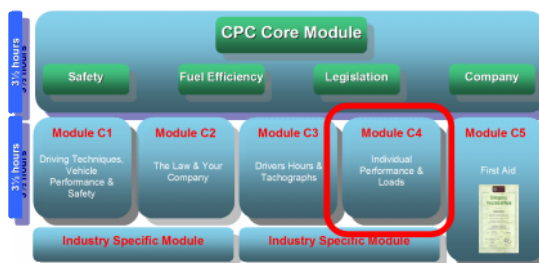
- EU Rules Regarding Working Hours
- Drivers Individual Responsibilities
- Management Responsibilities
- Tachograph Technology & Its Use



## C4 – Individual Performance & Loads (JAUPT Approval Number CRS2294/832)

This module is designed to give candidates a greater understanding of the risks associated with the vehicle load and how to prevent loss or damage to both the cargo and the individual. The following topics are covered in this module:

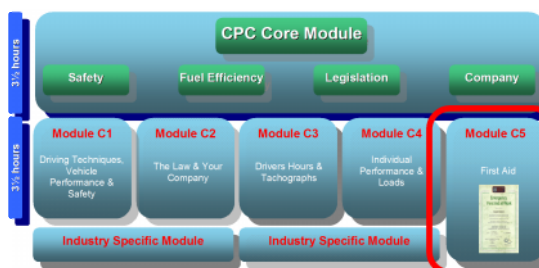
- Mass of The Load
- Load Size & Volume
- Loading The Space Effectively
- Attributes Of Different Load Types
- Security Of Loads
- Effects Of The Load On Driving Technique
- Accident Avoidance
- Ergonomics & Reducing The Risk Of Injury
- Lifestyle Of The Driver
- Maintaining A Healthy Balance



## C5 – First Aid (JAUPT Approval Number CRS2037/832)

This module is designed to lead to the award of an Emergency First Aid at Work certificate (EFAW) and contains the following topics:

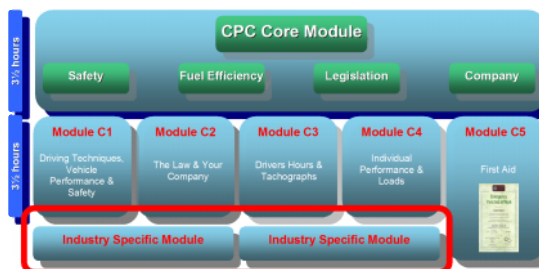
- Scene Of An Accident
- Priorities Of Treatment
- Emergency Action Plan
- Cardio Pulmonary Resuscitation
- Unconscious Patients
- Recovery Position
- Choking
- Bleeding & Shock
- Amputation
- Eye Injury
- Embedded Objects
- Nose Bleed
- Poisoning
- Burns
- Broken Bones
- Spinal Injury
- Heart Attack
- Stroke
- Diabetes
- Fitting / Epilepsy
- Asthma
- Anaphylaxis
- Employers Responsibilities With Regard To First Aid
- First Aid Kits



## MH1 – Manual Handling (JAUPT Approval Number CRS2294/832)

This course is designed to improve the awareness of the types of injury that can be caused by incorrect manual handling and teaches candidates how to use the correct technique to avoid injury to themselves or others. The module contains the following topics:

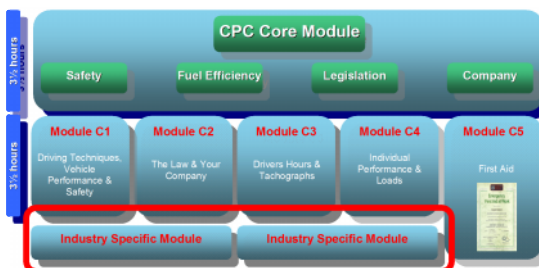
- What is Manual Handling?
- Manual Handling Injuries
- Legislation
- Responsibilities
- Risk Assessment
- Safer Handling
- Practical Session



## IS1 – Plant Operators Refresher (JAUPT Approval Number CRS2296/832)

This course is designed for candidates who need to refresh their plant operators' license in order for them to use certain types of plant as part of their everyday routine. The course has been designed as a generic shell, to allow any type of plant to be taught. This module should only be taken in conjunction with the full suite of regulatory modules – Z1 & C1 to C4. The course consists of the following topics:

- Types Of Machines And Categories
- Structural Parts Of Machine
- Regulations And Guidance
- Pre-Use Inspections/Handovers
- Safe Operating Methods & Hazards
- Theory Assessment
- Practical Training
- Introduction To The Machine
- Instructor Guided Student Practical
- Practical Assessment
- Licence Renewal



## IS2 – Load & Unload (JAUPT Approval Number CRS2295/832)

This course is designed for candidates who need to learn how to load the vehicle, secure the load prior to transportation and unload the vehicle. The course has been designed as a generic shell, to allow any type of load to be used. This module should only be taken in conjunction with the full suite of regulatory modules – Z1 & C1 to C4. The course consists of the following topics:

- Regulations
- Vehicle Types
- Vehicle Load Types
- Risk Assessment
- Loading (Vehicle Type Specific)
- Securing (Vehicle Type And Load Specific)
- Unloading (Vehicle Type And Load Specific)
- Theory Assessment
- Practical Training
- Instructor Guided Student Practical
- Practical Assessment
- Licence Renewal

